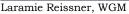
## Wisconsin OES Monthly Newsletter

Vol I, issue 12 June 2019

## The Start of a New Grand Chapter Year

# Congratulations WGM Laramie and WGP Ian







Ian Watts, WGP

Laramie Reissner and Ian Watts were installed as Worthy Grand Matron and Worthy Grand Patron of Eastern Star of Wisconsin on Thursday, May 23, 2019. They will preside over "The Light of Thankfulness" year for 2019-2020, and have many exciting ideas and plans in store for the coming year. Some of these plans are highlighted in this edition of the Monthly Newsletter.



WILLOW RIVER CHAPTER AND
NORTHWEST CHAPTER
INVITE YOU TO A
PARTY HONORING LARAMIE REISSNER,
WORTHY GRAND MATRON OF WISCONSIN

SUNDAY JULY 21<sup>ST</sup> 2019
GATHERING 11:30
DINNER 12:30
INTRODUCTIONS AND ENTERTAINMENT TO FOLLOW

READY RANDY'S 1490 131<sup>ST</sup> STREET NEW RICHMOND WI 54017

COST PER PERSON \$29.00 – NO REFUNDS
RESERVATIONS AND TITLES TO:
JILL THOMAS
552 CASSANDRA DRIVE
NEW RICHMOND WI 54017
RESERVATIONS BY JULY 1st 2019



Grilled Vegetable Ravioli	Send Paid Reservations by July 19th to:
Sliced Sirloin	Deb Morgenstern
Dietary restrictions::	150 Teddy Ave, Hartford, WI 53027
	262.673.2074

#### TRAVELING EAGLE RULES

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Take your "EAGLE" for a ride rules

- 1. The Eagles were place randomly throughout the State
- 2. The Chapter gets to keep the Eagle until another Chapter brings two people to visit.
- 3. The Chapter that brings the most visitors (at least two) gets to take one Eagle home. In case of a tie, the Chapter that travelled the farthest gets the Eagle.
- 4. If the Chapter has more than one, they can only lose one Eagle in an evening.
- 5. Each time a Chapter gets an Eagle, they sign the Chapter's name and date on the attached pedigree. Sign every time you have the Eagle.
- 6. Dual members only count in one of the Chapters they belong to. They need to decide ahead of time.

Don't let your Eagle fly too low, he might get bugs in his eyes. **Remember**, they have a big wing span. And they like road kill for treats. They like to go for car rides; it gives them a break from flying, so take them traveling.

## Take the Eagle for A Car Ride

The purpose of this activity is to promote traveling throughout the state. Ten Eagles will start the year in the randomly selected Chapters throughout the State. Two members from another Chapter can take an Eagle back to their Chapter by visiting on any stated meeting. The Chapter with the most members visiting takes home the eagle; in the event of a tie (the same number of members visiting from two or more Chapters), then the Chapter that traveled the furthest takes home the eagle. **OR** three members from your Chapter can deliver an eagle to another Chapter at a stated meeting especially if it is close to your recess. A Chapter can have more than one eagle at a time and can only lose one eagle per meeting. Each eagle has a tag to keep track of its travels and all Eagles need to come back to Grand Chapter in May 2020. Let's encourage traveling throughout the year by participating in the "Take your eagle for a Ride".

# PEDIGREE REGISTRATIONS Here is the list of where the travelling Eagles will be starting from:

Marvin the Marvelous Dodgeville Paul the Punctual Milwaukee/Electa Ron the Roamer Superior Appleton Merwin the Magnificent George the Great Oregon Carol the Cheerful Brookfield Rosie the Rummager Crivitz Doris the Darling LaCrosse Winona the Wild Burlington Jane the Joyful Middleton

# SILENT AUCTIONS WILL CONTINUE THIS YEAR!

Laramie and Ian will be continuing the successful silent auctions at both Laramie and Ian's parties so we are soliciting items. All proceeds will go to the WGM/WGP project which is the Heart Fund, specifically the UW Cardiovascular Research Center. Their goal is to raise \$20,000 to fund research projects for 4 PhDs/MDs.

Jill Thomas and Deb Morgenstern will have tables available at both parties for silent auction items. People can let Elaine Engelke know what they are bringing/sending to the party at <a href="mailto:engelm@tds.net">engelm@tds.net</a> or 608-523-4134 (leave a voice message). Surprise items the day of the party are welcome also!

Forward looking, there will also be silent auctions at the Oct. 5 WI/IA/MN Exchange in Dodgeville and at the All State Thanksgiving party. Other dates for auctions will be announced in the future.

# THANK YOU IN ADVANCE FOR YOUR CONTRIBUTIONS AND PARTICIPATION!

### The Light of Thankfulness Challenge



We have an exciting "challenge" program this year!

Members can count their steps daily and turn the totals in monthly. At the end of the challenge period, the top two steppers will win a prize! The top stepper will win a gorgeous quilt made by Ruthann. The second stepper will win a beautiful table runner also made by Ruthann. The winners will be recognized and prizes will be awarded at Grand Chapter in May 2020.

The Registration Fee for this challenge is \$20 per person. Pay your chapter secretary the \$20 registration fee. Chapter secretaries please send one check for all your members registrations to the Grand Secretary. The check should be made out to Wis Grand Chapter – WGM/WGP Project to the Grand Secretary, 36275 Sunset Drive, Dousman, WI 53118 by July 31, 2019. Secretaries please send a copy of all your registration forms directly to Elaine Engelke (address below).

# The challenge will be begin on June 1st, 2019 and run thru March 31, 2020.

This is an Honor challenge and your steps for the month should be sent to Elaine Engelke (engelm@tds.net) 400 North Main Street, Blanchardville, WI 53516 at the end of each month.

Record your steps on your Fit Bit or a pedometer. We have a limited number of pedometers given to us by UW Foundation for those of you without one. Let us know if you need one!

All proceeds will go to the Worthy Grand Matron and Worthy Grand Patron Project - UW Cardiovascular Research Center - for individual scientists' research projects.

Chapters who want to compete for the Grand prize by adding all members steps together, can register for \$50. The Chapter with the most steps will win a delicious Heart Healthy banquet prepared by PGP Marv and be recognized at Grand Chapter 2020.

Step up for Cardiovascular Research Registration Form				
Name				
(individual or Chap	oter)			
Phone number				
For individuals - Chapter #				
Please include(circle one)	individual \$20	Chapter \$50		

## 1)ncomina (Favente

Upcoming Events			
June da	ates are	all Installations, unless otherwise noted	
Jun 3		Wautoma Chapter, open (meeting at 6pm)	
Jun 4	7pm	Electa Chapter, Milwaukee, open	
		(meeting at 6pm)	
Jun 4	7pm	Trillium Chapter, Crivitz, closed	
Jun 6	7pm	Alpha Chapter, Argyle, closed	
Jun 6		Dousman-Rob Morris, Dousman, closed	
Jun 8		Ozaukee Chapter, Port Washington, open	
Jun 10	7pm	Willow River Chapter, New Richmond,	
	•	closed	
Jun 10		Loyalty Chapter, Plymouth, open	
Jun 10		Martha Chapter, Jefferson, closed	
Jun 11		Rainbow Chapter, WI Rapids, open	
Jun 12		Fond du Lac Chapter, closed	
Jun 13		Golden Rule Chapter, Wauwatosa, open	
Jun 13	7:30pm	Lila B. Graser Chapter, Colgate, closed	
Jun 15	1pm	Everett Chapter, Marshfield, open	
Jun 17	6:30pm	Oregon Chapter, open	
Jun 17	7pm	Kenosha Chapter, open	
Jun 17		Sparta Chapter, open	
Jun 18		Ellsworth Chapter, closed	
Jun 18	7pm	Ruth Chapter, LaCrosse, open(mtg at 6pm)	
Jun 19	7pm	Starlight Chapter, Madison, open	
Jun 20	7pm	Union Grove Chapter, open	
Jun 20	7pm	Viroqua Chapter, closed	
Jun 20	7pm	Melody Chapter, Middleton, closed	
Jun 21	7pm	Vega Chapter, Milwaukee, open	
Jun 22	2pm	Dodgeville Chapter, open	
Jun 24	5:30pm	Superior Chapter, open	
Jun 24	6:30pm	Fidelity Chapter, Appleton, closed	
Jun 25	7pm	West Allis Chapter, open	
Jun 25	7pm	Burlington Chapter, open	
Jun 25	7pm	Northwest Chapter, Clear Lake, closed	
Jun 26	7pm	Wauwatosa Chapter, Brookfield, open	
Jun 26	7pm	Janesville Chapter, closed	
Jun 27	7pm	LaBelle Chapter, Mukwonago, open	
Jun 27	7pm	Kilbourn Chapter, WI Dells, open	
Jun 30	2pm	Bristol Chapter, open	
TBD		Medford-Everett Chapters Consolidation	
Ind 01	11.20	WCM Decention Non-Dishard 1	
	11:30ar		
July 26	-	Red Book School, Martha Chapter	
July 27		Red Book School, Mukwonago	
July 28	11:30ar	m WGP Reception, Menomonee Falls	
Aug 2	7pm	Red Book School, Viroqua Chapter	
Aug 3	9am	Red Book School, Ellsworth Chapter	
Aug 9	7pm	Red Book School, Fond du Lac Chapter	
Aug 10	9am	Red Book School, Rainbow Chapter,	
		Wisconsin Rapids	
Aug 17-	Sep 30	Official Visits Part 1	

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#### **Appendant Body Dates for June Grand Lodge** Annual Communication June 6-8 Madison June 9<sup>th</sup> **Amaranth** Pirates Adventure for Diabetes Brew House ALL welcome! June 15<sup>th</sup> **Grand Conclave Commandary Annual** Meeting, Oshkosh June 26<sup>th</sup> Noah's Ark -- Job's Daughters Annual

Fun Day, Everyone Welcome!

## So, Now What's Going On With the Monthly Newsletter?

As you will recall, last month's issue of the Newsletter provided information regarding the "future" of the Monthly Newsletter. It seems the Newsletter has been very successful, but VERY costly.

The Grand Chapter Trustees, the Grand Treasurer and Secretary, the Grand Line Officers, and the Finance, Ways, and Means Committee discussed the available options, and presented these to the membership during the Grand Chapter Session. The membership voted to continue the Monthly Newsletter with a fee for paper copies; receiving the Newsletter by email will not have a cost attached. Additionally, Chapters or associated organizations can place "ads" regarding their upcoming events in the Newsletter, based on the amount of space the ad takes up.

This issue of the Newsletter is the last FREE issue. If you want to continue to receive the Monthly Newsletter via paper copy, you will need to fill out the subscription form on the back page and send it – with your \$15 payment – to the Grand Secretary OES of WI at 36275 Sunset Dr, Dousman, WI 53118. To be sure you receive the July issue, please send your subscription and payment before June 15th. If you have been receiving a paper copy of the Newsletter and would like to receive it via email, please email your address and request to secretary.wioes@gmail.com. You may also "Opt Out" of receiving the Newsletter by notifying the Grand Secretary.

## Thank you!

. . . to all of the Sisters and Brothers for your love and support while I was on this wonderful journey. I've turned the gavel over to our Sister Laramie and wish her and her Grand Family the very best. It truly was an honor and my privilege to serve you, my sisters and brothers! Keep traveling, stay safe, make a little video, have fun and SMILE!

Love you all!! Brenda Gaulke, Jr. Past Grand Matron

### Come One, Come All To The Carnival

When Trillium Chapter #208, Crivitz Honors

### Sister Vickie Dobratz Papesh

Grand Representative of Sao Palo, Brazil in WI

Saturday, September 7, 2019 Social at 11:30 a.m. Lunch at Noon

followed by an Exuberant Revelry of

## The Magic of Carnival in Brazil

Marinette Masonic Center 1610 Main Street Marinette, WI

#### You Are Kindly Requested to Present Yourself In **Carnival Dress**

Reservations A Must by August 30th to Judy Paust, WM N9007 Caldron Falls Road Crivitz, WI 54114 jkpaust@gmail.com 715-757-3722-H 715-929-8008-C



## INDIVIDUAL TRAVEL AWARD

May 1, 2019 – April 30, 2020

Name:Date:	
Chapter(s):	
A total of 150 points is needed to earn your pin. Please giv. Officer by May 15, 2020 and they will give you your pin. The Wisconsin Eastern Star.	
<ul> <li>Grand Chapter:</li> <li>Attend 2019 Grand Chapter; 5 points each day Tuesday, Wednesday, Thursday</li> <li>Attend WGM/WGP Party; 5 points each</li> <li>Attend Red book school 10 points each</li> <li>Attend exchange event with other Jurisdictions</li> <li>Attend Grand Officer's Party(ies) 5 points each</li> <li>Participate in Chapter activity or fundraiser to benefit WGM/WGP project; 10 points each</li> </ul>	15 points (max) 10 points (max) 20 points (max) 5 points each max of 15 points
Local Chapter(s):  ❖ Attend Chapter installations; 5 points each Please list:	15 points (max)
<ul> <li>Officer in your home Chapter</li> <li>Officer in your dual Chapter</li> <li>Attend your Chapter meetings List on separate sheet</li> <li>Attend your home Chapter or dual Chapter's Official Visit I; 10 points each</li> <li>Attend Official Visit II at your home or dual Chapter; 10 pts each</li> </ul>	10 points 10 points 1 point each 20 points (max)  20 points (max)
❖ Protem at an Official Visit II; 4 points each Please list: Attend Official Visit II at other Chapters; 5 points each	
Attend other Chapter's meetings (stated, friends, compas 3 points each Please list on separate sheet. max Attend a fundraiser at another Chapter; 5 points each Please list:	
Plan & present a Chapter Program-	5 points
<ul> <li>Chapter Membership Program:</li> <li>❖ Serve as Chapter committee member</li> <li>❖ Invite a guest that attends a membership event;</li> </ul>	15 points
5 points per guest.	No limit

	Help the day of the membership event	5 points
**	Each phone call to an inactive member to invite them to Chapter meeting or event; 5 points each List name on separate sheet.	no limit
*	For each inactive member that you invited who attends a Chapter meeting; 10 points each List names on separate sheet.	no limit
	Signed a petition for degrees and candidate is elected; 25 points each.	No limit
	Signed a petition for affiliation and candidate is elected; 15 points each.  Wear your "Eastern Star button" to a non-Star event	No limit
•	3 points each – List event(s) on separate sheet	15 points (max)
Misce	llaneous:	
	Have a subscription to the Starburst Submit an Article to the Starburst; 3 points each article published – include issue date	5 Points no limit
*	Attend a Lodge Installation; 3 points each Please list Lodge/location:	9 points (max)
*	Attend Area Club meetings; 5 points each Please list date & location:	20 points (max)
*	Attend Grand Representative parties, 100th/125th celebrations; 5 pts each Please list date & location:	25 pts (max)
	Attend Masonic Youth Meeting or Event; 3 pts each Please list on separate sheet	30 pts (max)
*	Visit a shut-in or care center resident; 3 pts each Please list on separate sheet.	18 pts (max)
*	Volunteer as an OES member in your community; wear OES button or clothing; 5 points each. Please list on separate sheet	15 pts (max)
	For holding a current proficiency card;	20 points
*	For holding a station certification; 10 points each	30 pts (max)
	TOTAL I	POINTS

When you have earned 150 points total, give sheet to any Grand Officer to receive your pin.

## Do you want to be a Turtle?

Join *Terri's Turtles Club* and for \$8.00 get your name badge. Send your request to Terri Hundhausen, 3031 E Grange Ave #7, Cudahy, WI 53110 with your name and chapter names. I will send it to you or give it to you when I see you.

A Heart Healthy You

One of the number one food items for heart health is vegetables! Here are some of the best that you can make into a yummy stir fry. Asparagus - natural source of folate, broccoli which lowers cholesterol, cauliflower, bok choy, tomato, bell peppers, carrots, mushrooms, onions. For flavor add Ms. Dash, Pepper, garlic, any spice you like - basil, rosemary, oregano, etc. Oven roast, grill, steam, or sauté using low sodium broth or canola, olive, safflower, soybean or sunflower oil (or non-stick spray).

Toss in some walnuts, almonds or pecans which are heart healthy! Add chia seeds and/or flaxseeds a source of omega 3 acids to lower LDL and total cholesterol. They also reduce blood pressure and fatty plaques.

Add any fresh berries to compliment your meal. They are full of antioxidants, fiber, folate, iron, calcium and vitamins A and C. Drink coffee which the Farmington Heart Study links to reduced heart disease and green tea which reduces blood pressure. Finish off with dark chocolate (in moderation) which protects against stiffness of arteries, plaque buildup and stickiness of white blood cells.

Mary and Elaine Engelke, Heart Fund Co-Chairmen

### Order Your 2019 Proceedings Now!

If you would like to purchase a copy of the 128th "Soaring Amongst the Stars" Grand Session Proceedings, please detach and fill in the bottom portion of this letter and return it to the Grand Secretary by October 15, 2019. The price of the Proceedings is determined by the final cost when they are printed. Pre-orders are important, as we only order from the printer the number that has been pre-ordered.

I would like to order a copy of the Proceedings Book or CD for the 128th "Soaring Amongst the Stars" Grand Session.
Name:
Address:
Chapter #
Check one: hard-bound book spiral-bound book CD

Alpha & Shullsburg Chapters are having an

# East Coast Party

"From Plymouth Rock to Myrtle Beach"

to Honor Grand Representatives

# Haila Miller

Grand Representative of Massachusetts in WI

# Sharon Bruun

Grand Representative of South Carolina in WI

Sunday, October 6, 2019
Argyle School
11:30 am - Social
12noon - Luncheon
Entertainment and Introductions to follow

Casual Dress Code

RSVP to Janet Andrews by Oct 1st

11268 Hwy D, Argyle, WI 53504 608.482.0706

Janet.andrews69@yahoo.com



Grand Chapter Order of Eastern Star of Wisconsin 36275 Sunset Drive Dousman, WI 53118 NONPROFIT ORG U.S. POSTAGE PAID DOUSMAN, WI PERMIT NO. 10

## Monthly Newsletter Subscription

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