



Worthy Grand Patron Party

Join us in Honoring Ian Watts, WGP of Wisconsin

Menu Choices

Grilled Vegetable Ravioli
*filled with grilled vegetables
tossed with a pesto & cream
sauce, topped with a balsamic
glaze!*

Sliced Sirloin *seasoned &
slow roasted, served with a
mushroom burgundy sauce.*

Both include: *salad, starch,
steamed veggies rolls, coffee,
milk or iced tea.*

July 28, 2019

11:30 a.m. Social

12:30 p.m. Lunch

\$25.00 per person

Silver Spring Golf & Banquet Center
N56W21318 Silver Spring Dr.
Menomonee Falls, WI 53051

Please Return this coupon with check payable to: WAUWATOSA CHAPTER #219, OES

NAME _____

TITLE _____

_____ Grilled Vegetable Ravioli

Send Paid Reservations by July 19th to:

_____ Sliced Sirloin

Deb Morgenstern

Dietary restrictions: _____

150 Teddy Ave, Hartford, WI 53027

262.673.2074

RED BOOK SCHOOLS START SOON!

Again this year, the Grand Conductresses will be offering "Red Book" schools to help ALL Officers/Members with the floor work. The schools will be offered in various locations around the state during July and August. Get several of your Chapter's officers and practice and learn together!

Fri	7/26	7PM	Martha Chapter, Jefferson
Sat	7/27	9AM	LaBelle Chapter, Mukwonago
Fri	8/02	7PM	Viroqua Chapter, Viroqua
Sat	8/03	9AM	Ellsworth Chapter, Ellsworth
Fri	8/09	7PM	Fond du Lac Chapter, Fond du Lac
Sat	8/10	9AM	Rainbow Chapter, WI Rapids
Fri	8/23	7PM	Alpha Chapter, Argyle

If you have any questions, please contact Rosie Fiscus, Grand Lecturer, at 608.835.7808 or 608.692.0530 or oesrosebud@charter.net.

Upcoming Events

Chapters NOT meeting in July and August:

Burlington #153, Burlington LaBelle #40, Mukwonago
 Vega #76, Milwaukee Rainbow #87, WI Rapid
 Ozaukee #147, Port Washington (recess in July; meet in Aug)
 West Allis #172, West Allis

- 7/18 SOU'WESTERS CLUB, 6:30PM, Alpha Chapter, Argyle
- 7/21 WGM Reception, 11:30AM Social, 12:30PM Lunch; Ready Randy's, New Richmond – with Silent Auction
- 7/26 RED BOOK SCHOOL, 7PM, Martha Chapter, Jefferson
- 7/27 RED BOOK SCHOOL, 9AM, LaBelle Chapter, Mukwonago
- 7/28 WGP Reception, 11:30AM Social, 12:30PM Lunch; Silver Spring Banquet Center, Menomonee Falls – with Silent Auction
- 8/1 "STEP UP CHALLENGE" begins
- 8/2 RED BOOK SCHOOL, 7PM, Viroqua Chapter
- 8/3 RED BOOK SCHOOL, 9AM, Ellsworth Chapter
- 8/4 FRIENDS & FAMILY PICNIC, Three Pillars

Silent auctions at both the WGM and the WGP's receptions benefit the UW Cardiovascular Research Center. Please let Elaine know you are bringing an item at engelm@tds.net or 608-523-4134. Surprises are also welcome.

Step Up Challenge starts AUGUST 1

Start counting your steps on AUGUST 1. Some Chapters have not had a chance to discuss the Step Up Campaign, so we have changed the date for the start to August 1 to be fair to all who want to participate.

Pay \$20 to your chapter secretary, who will send all checks to the Grand Chapter Office made out to WI Grand Chapter WGM WGP Project. It would be helpful to put "registration fees" in the memo line. First prize is a handmade quilt; second prize is a handmade table runner, both made by Ruthann Watts. Let Elaine know at engelm@tds.net or 608-523-4134 or 400 North Main Street, Blanchardville, WI 53516 that you are registered (name and Chapter).

If the chapter wants to participate for the "Marv-lous Meal" prize, the 'team' would be those individuals who paid \$20 to participate, plus \$50 Chapter registration. Elaine will be tabulating the individual monthly steps and the monthly totals for the chapters also. This gives chapters with slower members a chance to win by having more participating together as a goal.

Important Note: your nonmember relatives and friends may participate also if they pay \$20 and they can be part of your 'team' also.

ALL proceeds will benefit the WGM and WGP Project UW Cardiovascular Research Center. Heart disease is still the number 1 killer of men and women!

Chapter Address Change

Please send all mail for Wautoma Chapter #198 to: PO Box 106, Wautoma, WI 54982. Thank you.

When sending Grand Chapter business emails to the Grand Treasurer, **please** send emails to treasurer.wioes@gmail.com for a more timely response.

NOTICE!

This issue of the Monthly Newsletter has the changes to the Code passed at Grand Chapter Session in May. The changes are presented here in the format you can place in your copy of the Code. These will not be hand-outs/mail-outs in other venues. This is your opportunity to update your Chapter copies and your personal copy of the Code with minimal effort.

“OES Heritage Reflections”

Five-State Gathering

July 26 – 28, 2019

Sioux Falls, South Dakota

Ramada Hotel & Suites

1301 W Russell

Sioux Falls, SD 57104

For reservations call (605-336-1020)

Be sure to identify yourself as staying with:

“**Eastern Star 5-State Gathering 2019**”

South Dakota Grand Chapter

<https://sdoes.org/five-state-exchange>



BANQUETS / ENTERTAINMENT

SHRINE CHANTERS - FRIDAY NIGHT BANQUET

Attire: Dressy casual

HERITAGE TREASURERS WITH DOOR PRIZES – SATURDAY NIGHT BANQUET

Attire: Casual with OES logo polo or shirt, etc

SUNDAY MORNING PRAYER SERVICE/BREAKFAST

Attire: Travel wear – be comfortable for the trip home.



ACTIVITIES

Downtown Trolley Tour – Trolley stops are located throughout the route.

Sioux Falls Sculpture Walk with 59 displays; Downtown Sioux Falls

<https://sculpturewalksiouxfalls.com/>

Old Courthouse Museum, 200 W. 6th St., 19th century history of region; Friday 8-5; Saturday 9-5 <https://www.siouxlandmuseums.com/>

Pettigrew Museum and House, 131 N Duluth Ave

<https://www.siouxlandmuseums.com/>

Falls Park, 131 E Falls Park Dr.; Includes a café, observation tower and the remains of an old mill.

<http://www.siouxfalls.org/parks/parks/locations/falls-park>

Great Plains Zoo & Delbridge Museum of Natural History,

805 S Kiwanis Ave, <https://sculpturewalksiouxfalls.com/>

Butterfly House and Aquarium, 4320 S Oxbow Ave.

<https://butterflyhousemarinacove.org/>

NEAR SIOUX FALLS~~

Brandon, SD: The Warehouse, 1001 N. Splitrock Blvd., 80 craft vendors Friday 10-6; Saturday 10-5 <https://www.thewarehouseinbrandon.com/>

Dell Rapids, SD: Alliecat Creations Personalized Gifts, 415 E 4th St.

<https://alliecatcreations.com>

For additional information and registration forms, contact WI Grand Secretary at 262.965.2200 or secretary.wioes@gmail.com

FREE \$\$\$ MONEY

For the (501 c 3)
Perry Belmont House Foundation

If you shop on Amazon, you can be an active contributor to the Preservation and Restoration of the International Headquarters of General Grand Chapter

Amazon.SMILE benefits the Perry Belmont House Foundation

Select “Perry Belmont House Foundation” as your charity and the Amazon.SMILE Foundation will donate 0.5% of the purchase price from your eligible Amazon.SMILE purchases.

What is Amazon.SMILE?

Amazon.SMILE is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from over one million organizations to support.


Service Dog Project

In 2015, at the 48th Triennial Assembly of the General Grand Chapter, Order of the Eastern Star, **Service Dog** was established as the **Primary & Permanent Identifying Charity** of the General Grand Chapter along with the adoption of a Service Dog Committee as a new Standing Committee. **The overall goal of the program is for the general public to identify Eastern Star with Service Dogs.**

Inadvertently the committee was left out of our Roster Book. Chairman of the Service Dog Committee for Wisconsin is PGM Kristen Schoville, a member of the Service Dog Committee of the General Grand Chapter.

Please support this committee as one of our primary charities.

Laramie Reissner
Worthy Grand Matron



**ORDER OF THE
EASTERN STAR**

*sharing
Charity, Truth,
& Loving Kindness*



**ONE CUP
AT A TIME!!**

**CONGRATULATIONS WORSHIPFUL
GRAND MASTER BOB STRADER
AND YOUR GRAND LINE!!**

**All Master Masons and their
female relatives are eligible to join.**

Come and have a cup with us!

Our Masonic Brothers have completed their Annual Communications and they too have new officers. If you have anyone of these fine Brothers in your host Lodge take time to recognize them. How about a “cup of iced tea” and a plate of cookies!! We can never do enough to support our Brothers; they are our source of membership.

TITLE XXIII
AMENDMENTS

PARAGRAPH 48

Section 1. These Rules and Regulations may be amended or repealed at any Annual Grand Session. Such proposed amendments shall be in writing, referred to Committee on Constitutional Amendments; then reported upon by the Committee on Jurisprudence and finally accepted by a majority vote of the members present.

TITLE XXIV
RULES OF ORDER FOR SUBORDINATE CHAPTERS

PARAGRAPH 49

- Rule 1 The business of the Chapter must not be divulged outside the Chapter room.
- Rule 2 The manner of voting upon all questions coming before the Chapter shall be as provided in the Constitution, Rules and Regulations.
- Rule 3 Reports of all Committees dealing with the rights or status of petitioners or members shall be made in writing.
- Rule 4 All resolutions shall be submitted in writing and read by the Secretary before they are considered by the Chapter.
- Rule 5 When a question is under debate no other motion shall be entertained except to commit, amend or adjourn.
- Rule 6 No member may leave the Chapter Room when the Chapter is in session without permission from the presiding officer, except in case of an emergency.
- Rule 7 Members speaking shall arise and address the presiding officer. (It is not necessary to rise when seconding a motion.)
- Rule 8 Members shall not pass between the Altar and the East after the Chapter has been declared open for the transaction of business, except as part of a Ritualistic, Obligation or Memorial Ceremony.
- Rule 9 Children shall not be allowed in the Chapter Room during opening and closing ceremonies or when the Chapter is open for business.
- Rule 10 Members shall remove gloves and hats before entering the Chapter Room except for medical or religious reasons.
- Rule 11 Distinguished guests shall be introduced and accorded honors as prescribed in the Ritual. Grand Honors are only accorded when the guest is introduced West of the Altar and escorted to the East through the labyrinth.
- Rule 12 Adjournment of an Eastern Star Chapter is not permitted.

ARTICLE II
ORDER OF BUSINESS

Section 1. This Chapter, unless otherwise directed, shall proceed with its business in the following order:

1. Opening Ceremonies
2. Presentation of Flag
3. Introduction of Distinguished Visitors
4. Reading of Minutes of Previous Meeting
5. Approval of Minutes
6. Reading of the Bills and Authorization of Payment
7. Treasurer's Report
8. Correspondence
9. Reading and Referring of Petitions
10. Reports of Committees on Petitions
11. Balloting
12. Unfinished Business
13. New Business
14. Reports of Special Committees
15. Conferring of Degrees
16. Sickness and Distress
(Sunshine Collection may be taken at any time.)
17. Good of the Order
18. Business in the Hands of the Members
19. Closing of the Chapter
20. Retiring of the Flag
21. Officers Retiring March

ARTICLE III
ELECTION OF OFFICERS

Section 1. The elective officers shall consist of Worthy Matron, Worthy Patron, Associate Matron, Associate Patron, Secretary, Treasurer, Conductress and Associate Conductress, who shall be elected annually by a majority vote of the members present at a Stated meeting in April.

- (a) There shall also be elected three (3) Trustees.
- (b) At the first election of Trustees one (1) shall be elected for one (1) year, one (1) for two (2) years and one (1) for three (3) years, and thereafter at time of election one (1) Trustee shall be elected for a term of three (3) years.

Light of Thankfulness
2019-2020
OV Part 1 Schedule

WGM-WGP-GL-AGM-GC-AGC

Revised 6/26/2019

AUG. 17 SAT	AUG 19 MON.	AUG 24 SAT	Sept 7 SAT	SEPT 14 SAT	SEPT 20 FRI	SEPT 21 SAT	SEPT 23 MON
9AM @Sparta Lemonweir Viroqua LaCrosse AGM	5:30PM Superior GL	1:30PM @Fond du Lac Plymouth Fidelity AGC	10AM @Oregon Janesville WGM	10AM Kenosha WGP	7PM @Dousman Jefferson GC	9AM @Marshfield AGM	6:30PM @River Falls Ellsworth AGM
9AM @Dodgeville Shullsburg Argyle GC		9AM @Starlight Melody GL	10AM @Wis. Dells Wis. Rapids Wautoma AGM			10AM @Willow River NW Chapter GC	
		9AM @Lake Lodge Electa LaBelle Vega West Allis WGM	10AM @ Union Grove Burlington GC			12:30PM Eagle River GL	
		10AM @Colgate Wauwatosa Golden Rule WGP	10AM Sturgeon Bay GL			1:00PM Crivitz AGC	
			1:30 PM Ozaukee AGC				

Part 1 OV The Chapter will exemplify Introductions, Petitions, Balloting and conferring of degrees. Seven members from each Chapter must be present.

Light of Thankfulness
2019-2020
OV Part 2 Schedule

Revised 6/26/2019

DATE	WGM	Grand Lecturer	Grand Chaplain	Grand Marshal	Grand Adah	Grand Ruth	Grand Esther	Grand Martha	Grand Electa
T 10/1			Crivitz		Dodgeville	Eagle Eagle River			Electa Milwaukee
W 10/2									Bristol
Th 10/3					Alpha Argyle		Dousman- Rob Morris Dousman	Honor Sturgeon Bay	
M 10/7	Superior								
T 10/8			West Allis	Burlington			Ozaukee Port Washington	Everett Marshfield	
W 10/9									Janesville
TH 10/10			La Belle Mukwonago	Golden Rule Wauwatosa	Kilbourn Wis. Dells			Lila B Graser Colgate	
M 10/14		Shullsburg	Fidelity Appleton	Martha Jefferson		Willow River New Richmond	Plymouth		Kenosha
T 10/15		Ruth La Crosse				Ellsworth			
W 10/16					Starlight Madison			Fond du Lac	
TH 10/17					Melody Middleton		Viroqua		Union Grove
F 10/18									Vega Milwaukee
M 10/21			Wautoma	Oregon		Kinnickinnic River Falls	Sparta		
T 10/22						NW Chapter Clear Lake		Rainbow Wis. Rapids	
W 10/23				Wauwatosa Brookfield					
M 10/28					Lemonweir Tomah				

Officers will inspect the Secretary's & Treasurer's books, plus Chapter will Exemplify: Examination of a visitor, Proving, Opening & Closing, Flag presentation and retirement

For Your Heart Health

Heart health means eating lean meat like skinless chicken or pork tenderloin, fatty fish like Salmon, and veggies! Below are some marinades out of hundreds. Pour over your meat and/or veggies and marinate at least 30 minutes, or best overnight. Marinades make food taste fabulous!

Balsamic Marinade

In a small bowl add 1 tablespoon of gluten free mustard, 1 tablespoon of chopped fresh rosemary, 1 minced garlic clove, 1/4 cup of balsamic vinegar, salt & pepper, and 1/2 cup of olive oil. Whisk together so oil and vinegar are no longer separated.

Indian Spice Marinade

In a small bowl, whisk together marinade: 1 cup plain low fat yogurt, 4 cloves garlic grated, 1/4 cup juice of one lemon, 2 tablespoons fresh ginger minced, 1 tablespoon garam masala, 1 tablespoon turmeric, 1 teaspoon salt, 1/2 teaspoon cayenne.

Lemon Garlic Marinade

In a small bowl, whisk together 1 juice and zest of lemon, 1/4 cup olive oil, 4 cloves garlic grated, 1/2 teaspoons salt, 1/2 teaspoon chili flakes.

Ginger Orange Marinade

In a small bowl, whisk together, juice of 1 small orange, 3 tablespoons olive oil, 1 tablespoon finely chopped ginger, 2 cloves garlic, minced

Italian Basil Marinade

In a small bowl, whisk together 2 tablespoons chopped fresh rosemary, 3 tablespoons chopped fresh basil, 1 tablespoon olive oil, 1 finely diced spring onion, 2 cloves garlic, minced.

Chipotle Marinade

In a small bowl, whisk together 2 tsp. adobo sauce (from canned chipotle peppers), 1/2 tsp. ground cumin, 1/2 tsp. onion powder, 1/2 tsp. garlic powder, 1/2 tsp. sea salt, 1/4 tsp. black pepper, 1 tbsp. freshly squeezed lime juice, 2 tbsp. olive oil

Lime Pineapple Marinade

In a small bowl, whisk together 1/3 cup lime juice (approx. 2-3 limes), 1/4 cup pineapple juice (no sugar added), 2 tbsp. low sodium soy sauce, clove garlic, minced, tsp. ground cumin, 1 tsp. paprika, 1/2 tsp. red pepper flakes, or more to taste, tsp. sea salt, 1/2 tsp. ground black pepper, 1/4 cup cilantro, chopped, 2 tbsp. olive oil

